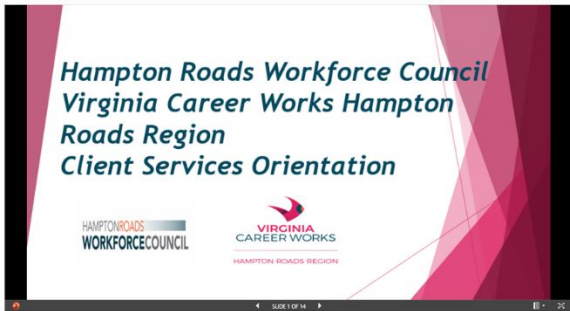


## Completing Online Orientation & Survey Questions

1. Complete the online orientation and survey at

<http://www.vcwhamptonroads.org/vcw-orientation/>.

This orientation will familiarize you with the services available and provide an idea of which you may be eligible to receive. Once completed, please contact staff at the nearest Virginia Career Works One-Stop Workforce Center, who will assist you in accessing services.



Please Fill Out The Following Questionnaire To Complete Your Orientation.

Fields marked with an \* are required

First Name \*

Last Name \*

Email \*

City \*

State \*

Zip / Post Code \*

Are you a Veteran?  No  Yes

Are you currently employed? \*  No  Yes

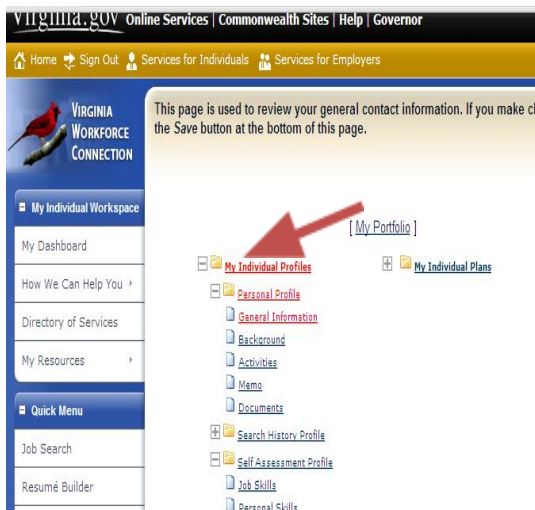
Where did you complete this orientation? \*

Basic Career Services such as computer usage, résumé writing and job searches are available to the general public under the Innovation and Opportunity Act (VIDA) program enrollment. \*

True  False

## Completing Self Assessments & Background Information

1. Log in to your profile at [www.vawc.virginia.gov](http://www.vawc.virginia.gov).
2. Select the plus sign to expand “ My Individual Profile”



3. Select Background to add/update your education, certifications, and employment history.
4. Select Self Assessment Profile and complete the 4 Self Assessments:
  - a. Job Skills
  - b. Personal Skills
  - c. Work Interest
  - d. Work Values

