








**861 Glenrock Rd., Ste. 220
Norfolk VA, 23502
(757) 807 - 0423, www.hrvetswork.org
Hours of Operation 8:30 AM - 4:30 PM
* Partners Onsite * See Back for Details**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>IT'S TIME FOR MARCH MADNESS</p> <p>* Regent University * 10:00 - 2:00</p>	<p>3</p> <p>* VTAP * 10:00 - 3:00 * VVFS * 3:00 - 4:30</p> <p>* GCU * 9:00 - 2:00</p>	<p>4</p> <p>* ODU * 1:00 - 3:30</p> <p>Job Search Strategies 9:30 - 11:00</p> <p>* Mission United * 1:00 - 3:00</p>	<p>5</p> <p>Apple One Info/Hiring Event 1:00 - 3:00</p>	<p>6</p>  <p>* ECPI University * 9:00 - 4:00</p>
<p>9</p>  <p>DAWLIGHT-SAVING TIME BEGINS</p> <p>* Regent University * 10:00 - 2:00</p>	<p>10</p> <p>* GCU * 9:00 - 2:00</p>	<p>11</p> <p>HRVEC CLOSED AT 2:00</p> <p>Translating Your Resume for Today 9:30 - 11:00</p> <p>* ODU * 1:00 - 2:00</p>	<p>12</p> <p>* T.C.C * 10:00 - 1:00</p> <p>Top Guard Hiring Event 10:00 - 12:00</p> <p>L3 Harris Hiring Event 1:00 - 4:00</p>	<p>13</p> <p>Federal Employment Workshop 1:30 - 3:00</p>
<p>16</p> <p>Interview Techniques 1:30 - 3:00</p> <p>* Regent University * 10:00 - 2:00</p>	<p>17</p> <p>* VTAP * 10:00 - 3:00</p>  <p>* GCU * 9:00 - 2:00</p>	<p>18</p> <p>* ODU * 1:00 - 4:00</p> <p>*DVS - Disability Claims Review* 9:00 - 4:00</p> <p>* Mission United * 1:00 - 3:00</p>	<p>19</p> <p>Military Sealift Command (MSC) Career Fair - 10:00 - 1:00</p> 	<p>20</p> <p>Social Media 10:00 - 1:00</p> <p>Federal Employment Practices 1:30 - 3:00</p> <p>* ECPI University * 9:00 - 4:00</p>
<p>23</p>  <p>* Regent University * 10:00 - 2:00</p>	<p>24</p> <p>Lincoln Military Housing Hiring Event 12:30 - 4:00</p> <p>* GCU * 9:00 - 2:00</p>	<p>25</p> <p>* ODU * 1:00 - 4:00</p> <p>*DVS - Disability Claims Review* 9:00 - 4:00</p> <p>* Mission United * 1:00 - 3:00</p>	<p>26</p> <p>* VVFS * 1:00 - 3:00</p> <p>KITCO Hiring Event 9:00 - 1:00</p> <p>* USO * 1:00 - 4:00</p>	<p>27</p> <p>Veterans After TAP Workshop 9:00 - 3:30</p>
<p>30</p>  <p>* Regent University * 10:00 - 2:00</p>	<p>31</p> <p>Alion Hiring Event 1:00 - 3:00</p> <p>* GCU * 9:00 - 2:00</p>	<p>HAMPTON ROADS VETERANS CAREER COMPASS</p> <p>WWW.HRVETSWORK.ORG</p>		

HRVEC will be Closed:

11 March – at 2:00 p.m. for Staff Meeting

March Hiring Events:

Apple One – 5 March: 1:00 – 3:00

Top Guard – 12 March: 10:00 – 1:00

Military Sealift Command (MSC): 19 March: 10:00 – 1:00

L-3 Harris – 12 March: 1:00 – 3:00

Lincoln Military Housing – 24 March: 12:30 – 4:00

Kitco – 26 March: 9:00 – 1:00

Alion – 31 March: 1:00 – 3:00



Workshop Descriptions

Translating Your Resume for Today – Translating Military experience into an effective resume, these days will assist you in getting an interview. Learn how to market and target your skills, accomplishments, and experience to a specific position, and incorporate keywords to build an impressive resume. Veterans will learn how to pull valuable information employers are seeking from their Evaluations/FITREPs and translate them into marketable skills in the civilian sector.

Interview Techniques – Want to feel confident at your next job interview? This workshop teaches you how! Topics include positive answers to difficult questions, dressing for success, and the importance of body language, good attitude and making the “best” first impression. Interview follow-up and salary negotiation are also discussed.

Federal Employment – Review the Federal Job hiring process and key points for understanding how to successfully understand the job announcements and effectively apply to the job vacancies.

Job Search Strategies for Today – Learn more about the crucial steps in the job search process. This workshop addresses how to structure your job search, identifying untapped resources and services available to job seekers, job-hunting on the Internet, and using your own network to your advantage.

Social Media Networking – Join Pairing Professionals Coach & Brand Strategist Nakisha Jolanda as she gives the top tips of utilizing Social Media for employment and relationship marketing for Veterans and Active Duty service members to gain employment.

Federal Employment Practices – Department of Homeland Security will provide one – on – one reviews and explain how to “ Understand Veterans Hiring Authorities ” along with local Homeland Security employment in the Hampton Roads Area.

How to Work a Job Fair – Facilitated by Corporate Gray, learn how to navigate a job fair, and learn about Job Fair best practices. This will prepare you to attend the Corporate Gray Job Fair on March 26th at the Virginia Beach Convention Center.

Partners in the HRVEC this month

USO – The USO Pathfinder Program of Hampton Roads – Provides personalized transitional support to military service members and their spouses; connecting them to resources for employment, education, VA benefits, financial readiness, housing, legal, family strength & wellness, and volunteerism.

***The Virginia Transition Assistance Program* (VTAP)** – Offers veterans, transitioning service members and their spouses the best Virginia has to offer. By providing peer-to-peer support through the transition process, VTAP works alongside the transitioning service member or spouse to make referrals that address specific needs.

***The Virginia Department of Veterans Services* (DVS)** - Advocates for Virginia veterans and connects them to earned benefits and services they have earned. Information on current federal, state and local veterans' programs, entitlements and referral services is available in Virginia through a network of 30 benefit service offices. All services are provided free of charge

***Virginia Veterans and Family Support* (VVS)** – Resource Specialist that works with veterans and their family members to identify behavioral health, rehabilitative and other services needed.

***Old Dominion University (ODU) / Tidewater Community College (TCC) / ECPI University / Regent University (MRC) / Grand Canyon University (GCU) *** – We can provide information for active duty, retired or a military dependent on educational benefits that you can use towards your educational needs. We can help you identify your available benefits and walk you through the process of applying for and using them. Provide guidance on education needs versus employment and career planning.

Mission United – Connecting Hampton Roads Military and Veteran Community with local resources and information.

***The Virginia Employment Commission* (VEC)** – Promotes economic growth and stability by delivering and coordinating workforce services.

Equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities

VA Relay 7-1-1