

861 Glenrock Rd., Ste. 220
 Norfolk VA, 23502
 (757) 807 - 0423, www.hrvetswork.org
 Hours of Operation 8:30 AM - 4:30 PM
 * Partners Onsite * See Back for Details



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAMPTON ROADS VETERANS CAREER COMPASS www.HRVETSWORK.ORG		1 *ODU* 1:00 - 4:00 Dollar Tree Hiring Event 10:00 - 1:00	2 Top Guard Hiring 10:00 - 12:00	3
6 *Corporate Gray* "How to Work a Job Fair" 10:00 - 11:00 * Regent University * 10:00 - 2:00	7 * VTAP * 10:00 - 4:00 Wounded Warriors Workshop 10:00 -2:00	8 CLOSED 3:00 * DVS -Disability Claims Review * 9:00 - 3:00 * Mission United * 1:00 - 3:00	9 Educational Opportunity Workshop 1:30 - 3:00	10 *VVFS* 10:30 - 12:30 Resume Workshop 1:30 - 3:00
13 Info/Hiring Event 10:00 - 2:00 * Regent University * 10:00 - 2:00	14	15 * ODU * 1:00 - 4:00 * Mission United * 1:00 - 4:00	16 * Tidewater Community College * 10:00 - 1:00	17 Federal Employment Workshop 1:30 - 3:00
20 Tackling the Stigma of Her Mental Health Workshop 10:00 - 12:00 * Regent University * 10:00 - 2:00	21 * VTAP * 10:00 - 4:00 Interview Techniques 1:30 - 3:00	22 * DVS -Disability Claims Review * 9:00 - 4:00 * Mission United * 1:00 - 4:00	23 Virginia Veterans Resource Workshop 9:00 - 1:00	24 *VVFS* 10:30 - 12:30 *ECPI* 9:00 - 4:00
27 CLOSED 	28	29 Job Search Strategies 9:30 - 11:00	30 * Tidewater Community College * 10:00 - 1:00	31 CLOSED 11:00

HRVEC will be Closed:

08 May at 3:00 p.m.

27 May In Observance of Memorial Day

31 May at 11:00 a.m.

May Hiring Events:

Dollar Tree – 01 May from 10:00 a.m. - 1:00 p.m.

Top Guard – 02 May from 10:00 a.m. - 12:00 p.m.

Citi Info/Hiring Event - 13 May from 10:00 a.m. – 2:00 p.m.



Employment Workshop Descriptions

Translating Your Resume for Today - Translating Military experience into an effective resume, these days will assist you in getting an interview. Learn how to market and target your skills, accomplishments, and experience to a specific position, and incorporate keywords to build an impressive resume. Veterans will learn how to pull valuable information employers are seeking from their Evaluations/FITREPs and translate them into marketable skills in the civilian sector.

Interview Techniques - Want to feel confident at your next job interview? This workshop teaches you how! Topics include positive answers to difficult questions, dressing for success, and the importance of body language, good attitude and making the "best" first impression. Interview follow-up and salary negotiation are also discussed.

Federal Employment – Review the Federal Job hiring process and key points for understanding how to successfully understand the job announcements and effectively apply to the job vacancies.

Job Search Strategies for Today - Learn more about the crucial steps in the job search process. This workshop addresses how to structure your job search, identifying untapped resources and services available to job seekers, job-hunting on the Internet, and using your own network to your advantage.

Educational Opportunity - The Educational Opportunity Center (EOC) will provide free educational, careers and financial aid information and counseling.

How to Work a Job Fair – Learn the right way to prepare for a job fair so you can land the next great job on your career path at the upcoming Corporate Gray "Military - Friendly Job Fair .

Partners in the HRVEC this month

***The Virginia Transition Assistance Program* (VTAP)** – Offers veterans, transitioning service members and their spouses the best Virginia has to offer. By providing peer-to-peer support through the transition process, VTAP works alongside the transitioning service member or spouse to make referrals that address specific needs.

***The Virginia Department of Veterans Services* (DVS)** - Advocates for Virginia veterans and connects them to earned benefits and services they have earned. Information on current federal, state and local veterans' programs, entitlements and referral services is available in Virginia through a network of 30 benefit service offices. All services are provided free of charge

***Virginia Veterans and Family Support* (VVFS)** – Resource Specialist that works with veterans and their family members to identify behavioral health, rehabilitative and other services needed

***Old Dominion University* (ODU) / Tidewater Community College (TCC) / ECPI / Regent University (MRC) *** - We can provide information for active duty, retired or a military dependent on educational benefits that you can use towards your educational needs. We can help you identify your available benefits and walk you through the process of applying for and using them. Provide guidance on education needs versus employment and career planning.

Mission United – Connecting Hampton Roads Military and Veteran Community with local resources and information.

***The Virginia Employment Commission* (VEC)** - Promotes economic growth and stability by delivering and coordinating workforce services.

